



We are celebrating Harvest and thinking about why Christians say thank you to God for our food. Christians learn from the Bible that God made everything including the sun and rain to make the crops grow, the soil it grows in, and the food that we eat.

The Bible also tells us that we should thank God for His goodness in making all these things for us and remember that His love for us never ends.

God also encourages us to share what we have plenty of, with people who don't have enough. That is why we donate food at harvest time to give to the food bank. One of the items most often donated to the food bank, are baked beans. Have fun making this baked bean tin craft and learning more about beans!

The Bible verse on the top and bottom of the tin comes from Psalm 136 verse 1 and reminds us of God's love and goodness.

Harvest Fun Facts

Did you know that the first can of Heinz Beanz was made in 1928.

Every day over half a million cans of Heinz Beanz are eaten in the UK.

There are approximately 465 beans in each standard tin.

The type of beans used are called "Navy Beans" even though they are white in colour.

50,000 tonnes of beans are shipped to Liverpool docks each year to be made into Heinz Beanz at the factory in Wigan.

After beans, the next main ingredient is tomato puree, which is mixed with a secret blend of spices.

Heinz uses enough tomatoes every day to fill an Olympic sized swimming pool.



Harvest Craft

1—colour in the bean label and top and bottom circles

2—cut out the top and bottom

3— cut out the rectangular label

4—fold along the tab edges and cut along the dotted lines

5—use glue to join up ends of the label, then stick the top and bottom on to form the tin can.



Ingredients in a tin of beans

Draw lines to match the pictures to the ingredients list.
Have a chat or think about where each of these ingredients comes from or where it grows. How do you think they are harvested before they are used to make baked beans.



Tomatoes

Salt

Brown sugar

Vinegar

Spices

Navy beans

Cornflour

Water

Herbs

